



Praying the Chaplet

Begin with: Our Father, Hail Mary, Creed.

Then, on the five large beads:

Eternal Father, I offer you the Body and Blood, Soul and Divinity, of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

On the ten small beads:

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Conclude with (say 3 times):

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

The Hour of Mercy - The Three O'clock Prayer

At three o'clock, implore My Mercy, especially for sinners; and, if only for a brief moment, immerse yourself in My Passion, particularly in My abandonment at the moment of agony. This is the hour of great mercy for the whole world. (*Diary*, 1320)

In this hour you can obtain everything for yourself and for others for the asking; it was the hour of grace for the whole world - mercy triumphed over justice. (*Diary*, 1572)

From these instructions, it is clear that Jesus wants us to turn our attention to His Passion at the three o'clock hour to whatever degree our duties allow, and He wants us to ask for His mercy. We may not all be able to make the Stations of the Cross or adore Him

in the Blessed Sacrament or say the Chaplet but we always can say a short prayer such as: 'Jesus, Mercy', or 'Jesus, for the sake of Your Sorrowful Passion, have mercy on us and on the whole world'.



Spreading the Divine Mercy Devotion

Today the Lord said to me ... All those souls who will glorify My mercy and spread its worship, encouraging others to trust in My mercy, will not experience terror at the hour of death. My mercy will shield them in that final battle. (*Diary*, 1540)

By these words Jesus encourages us to spread devotion to the Divine Mercy. The foundation for the worship and apostolate of Divine Mercy is the testimony of one's own life according to the spirit of this devotion; the spirit of childlike confidence in the goodness and omnipotence of God accompanied by an active love of one's neighbour.

