

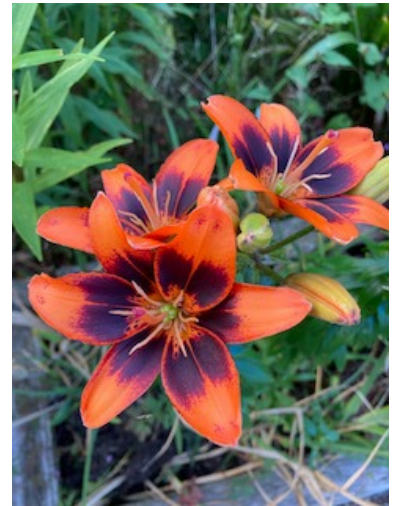
# July 2022 Columbine



It is difficult to believe that another year is half way through and we are witnessing alarming events and changes within our own country and worldwide.

As Christians our prayers and actions are needed more than ever and July is offering us several opportunities to strengthen our spiritual muscles. We can start with the journey of faith on Wednesday evening with Deacon Clive, then celebrations of the feast of Our Lady of Mount Carmel, guided Adoration, and ending the month with a renewal and healing service. Dates and details within. We will be ready to form a "home prayer guard"...to play our part defending our world and homes against the gathering clouds.

God bless **Jan and Kathy**



## Upcoming Events in July

- **4<sup>th</sup> Living Stones** prayer group meets at St. Mark's 6pm (starting with Adoration)
- **6<sup>th</sup> Journey of Faith** course starts at St. Mark's 7.30pm (see page 2) led by Rev Clive Brooks
- **11<sup>th</sup> Living Stones** meet at St. Mary's Ardleigh 6.30pm
- **15<sup>th</sup>-17<sup>th</sup> Our Lady of Mount Carmel Feast** (see p.2)
- **17<sup>th</sup> Picnic and Praise and Worship at Little Wenham Church** with Living Stones music ministry (Churches Together event) Picnic 1pm with service at 3pm
- **18<sup>th</sup> Living Stones** meet at Ardleigh 6.30pm
- **20<sup>th</sup> Guided Adoration** 6.30-7.30pm at St. Mark's
- **25<sup>th</sup> Living Stones** meet at Ardleigh 6.30pm
- **30<sup>th</sup> Renewal and Healing Service at St. Mark's with Fr. Gladson Dabre OFM from 4pm to 8pm (see p. 2)**

- On page 2 more details of upcoming events
- On page 3 update on June events
- On page 4 Saints and humour!



Rosary workshop at St. Mark's on June 26<sup>th</sup>, organised by Jess (on left)



## Our Lady's June message

*"Dear children, I rejoice with you and thank you for every sacrifice and prayer which you have offered for my intentions. Little children, do not forget that you are important in my plan of salvation of mankind. Return to God and prayer that the Holy Spirit may work in you and through you. Little children, I am with you also in these days when Satan is fighting for war and hatred. Division is strong and evil is at work in man as never before. Thank you for having responded to my call." June 25, 2022*

## Sick and Housebound

Margaret Miller

Sylvia Mann



## Our Beloved Dead

Mary Brooks	24 July 2011
Eleanor Morrell	28 July 86
Pat King	26 July 97
Doreen Ablitt	28 July 2012



## Feast of Our Lady of Mount Carmel - three day celebration 15<sup>th</sup>-17<sup>th</sup> July

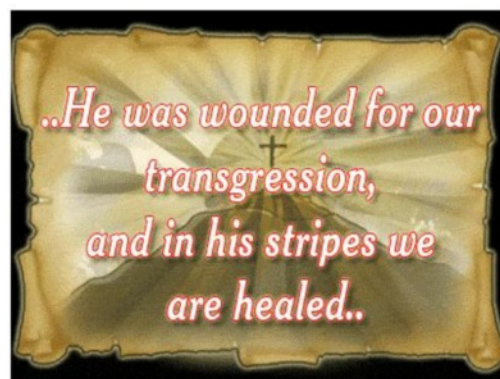
Starts at Friday Mass in St. Mark's 12.00 noon. Flag hoisting in the Priory of Our Lady shrine garden.  
Saturday 16<sup>th</sup> First Holy Communion at St Mark's Mass at 11.00am  
Sunday 17<sup>th</sup> end of three day feast of Our Lady of Mount Carmel with Solemn Mass

## Journey of Faith Course with Rev Clive Brooks

**Starts 6<sup>th</sup> July at 7.30pm** This will consist of a monthly talk covering two topics and with a social element, at St. Mark's Church, given by Deacon Clive. There will be a hand-out sheet which will also be attached to that week's newsletter. If there is sufficient interest the talk can be repeated at Holy Family Church, Brantham. The talks will cover the Catholic Faith, Liturgy, Prayer, Sacraments, Ethics and Social Justice; twenty-four subjects in all.

## Saturday 30<sup>th</sup> July Healing and Renewal Service

Would you please make sure that your diary is free on 30<sup>th</sup> July 2022 for the Renewal Programme and Healing Service from 4.00 pm to 8.00 pm at St. Mark's. Please pray for Fr. Gladson OFM and his team who will be with us that day to conduct the programme. Vigil Mass will take place as usual. There will be a hot meal at the end of the evening. We need to know numbers so please sign up at the back of St. Mark's or Holy Family churches or contact Clare 07906 523496 .



## Catholic Charismatic Renewal in East Anglia

Invite you to

### A Day of Prayer and Renewal in the Holy Spirit

Led by

Fr Stefan Park OSA and Fr Gladson Dabre OSA

**Saturday 20<sup>th</sup> August 2022**

**10.30am - 4.30pm**

**Clare Priory,  
Ashen Road, Clare,  
CO10 8NX**

Praise and Worship • Holy Mass  
Reconciliation • Healing Service  
Teaching

Tea and coffee provided  
Bring a packed lunch



*Do you believe that  
I am able to do this?*

Matt 9:28

For more information contact: Clare Fox 07906523496



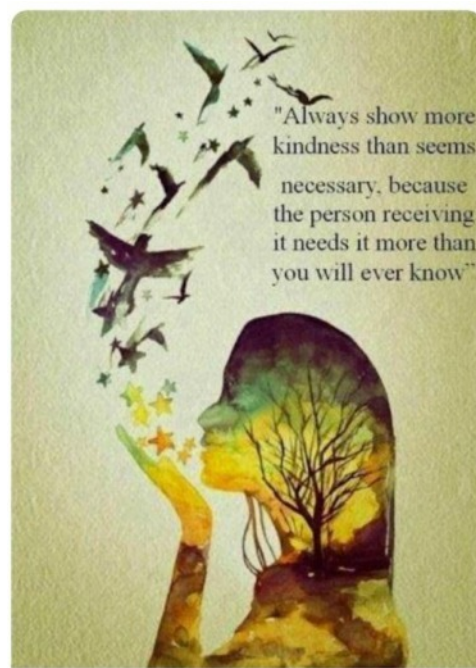
[www.renewaleastanglia.org/future-events](http://www.renewaleastanglia.org/future-events)



## Happy birthday Margaret!



Our favourite Australian songbird Margaret Miller celebrated her 91<sup>st</sup> birthday on June 25<sup>th</sup>. Here she is headed off to a jubilee party - looking remarkably like that image of Boadicea with those wheels and that crown. And is that a stick or a spear in her hand! Watch out for this Aussie invader on a street near you! You may hear strains of *Waltzing Matilda* as she passes by....



## Praise and Worship on the Lawn

Mandy Hearne writes: "On Saturday 18th June we held a Charismatic 'Pop-Up' Celebrate event in the Marquee on the lawn at the Mushroom Farm. There were about 50 of us and 8 children. We enjoyed Praise and Worship songs with the wonderful musicians from our Living Stones Prayer Group. While the adults enjoyed an uplifting talk from Christina Volkmann about '*Receiving Blessing*', the children attended a workshop on a similar subject.



We had set up Prayer Stations around the lawn and had everything ready for fun and games for all ages, but the weather was not kind to us that afternoon and sadly the activities we had arranged were not as successful as anticipated. However the warm water of the swimming pool was still enticing enough for the children and some adults to enjoy a dip. We all welcomed the opportunity to mix and share time together and Prayer Ministers were able to offer prayer for anyone who requested it. Many people said how wonderful it was to meet in this way and would like to attend such an event again! Many thanks to all the people who were helping on the day and in the preparations beforehand, such events do not just 'pop-up' on their own!"



**And we say thanks very much to Mandy and Clare for organising the event and to Damian and Mandy for hosting it.**

## St. Martha July 29<sup>th</sup>



"Jesus loved Martha and Mary and Lazarus." This unique statement in John's gospel tells us of the special relationship Jesus had with Martha, her sister, and her brother.

Apparently Jesus was a frequent guest at Martha's home in Bethany, a small

village two miles from Jerusalem. We read of three visits in Luke 10:38-42, John 11:1-53, and John 12:1-9.

Many of us find it easy to identify with Martha in the story Luke tells. Martha welcomes Jesus and his disciples into her home and immediately goes to work to serve them.

Hospitality is paramount in the Middle East and Martha believed in its importance. Imagine her frustration when her sister Mary ignores the rule of hospitality and Martha's work in order to sit and listen to Jesus. Instead of speaking to her sister, she asks Jesus to intervene.

Jesus' response is not unkind, which gives us an idea of his affection for her. He observes that Martha is worried about many things that distract her from really being present to him. He reminds her that there is only one thing that is truly important -- listening to him. And that is what Mary has done.

In Martha we see ourselves -- worried and distracted by all we have to do in the world and forgetting to spend time with Jesus. It is, however, comforting to note that Jesus loved her just the same.

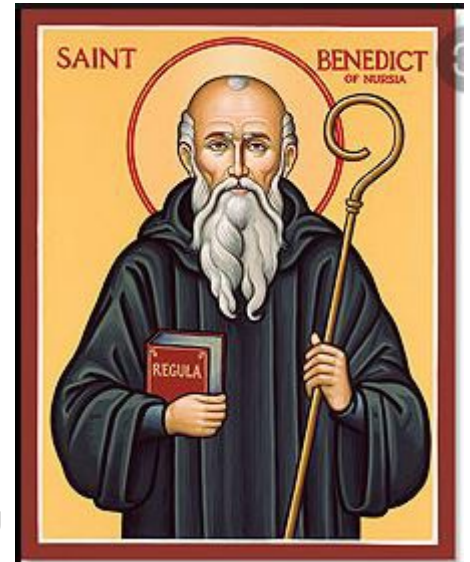
*From Catholic online*

## St. Benedict July 11<sup>th</sup>

St. Benedict is one of the patron saints of Europe. He was born in Norcia in Italy around the year 480. He went to Rome to study but became disappointed with city life and retired to Subiaco, where he lived in a cave, dedicating himself wholly to God and

prayer. Along with some other disciples he established 12 small fraternal communities, built on the love of Christ, prayer, the dignity of work and praise of God.

He later moved to Monte Cassino where he founded the monastery that became the roots of the Church's monastic system and where he wrote the famous Rule of Benedict to "establish a school for the Lord's service." The Rule provides a practical guide for monastic life, establishing the rhythms of prayer and work and right relations among the monks. It includes lifelong residence at one monastery, a ban on personal property, and a precisely ordered day that includes five to six hours of liturgy and prayer, five hours of manual work, and four hours of scriptural and spiritual reading. Benedictine communities are found worldwide.



### Vroom Vroom!

Waiting between Bishop Stortford and Harlow, to catch speeding drivers, a Police Officer sees a car pattering along the M11 motorway at 11MPH and he says to himself: "This driver is just as dangerous as a speeder!" He turns on his lights and pulls the driver over.

Approaching the car, he notices that there are five old ladies, two in the front seats and three in the back... wide-eyed and white as ghosts. The driver, obviously confused, says to him "Officer, I don't understand, I was doing exactly the speed limit! What seems to be the problem?"

"Ma'am," the officer replies, "you weren't speeding, but you should know that driving slower than the speed limit can also be a danger to other drivers."

"Slower than the speed limit? No sir, I was doing the speed limit exactly - eleven miles an hour!" ....the old woman says a bit proudly.

The Police officer, trying to contain a chuckle explains to her that M11 is the road number, not the speed limit. A bit embarrassed, the woman grins and thanks the officer for pointing out her error.

"But before I let you go, Ma'am, I have to ask...Is everyone in this car OK? These women seem awfully shaken, and they haven't made a sound this whole time," the officer asks.

"Oh, they'll be all right in a minute officer. We've just come off the A120."

